

Free And Low-Cost Health Care

A NOTE ABOUT FREE HEALTH CARE: Most large towns and cities have free, or sliding scale medical clinics for the homeless and other people, or at least public clinics, or emergency rooms of hospitals that will treat the homeless for free, or send the person a bill later. Most will require a photo ID. It is against federal law to turn away anyone who is unable to pay for medical care, even if the person is requesting treatment for something minor. That doesn't mean that the hospital can't try to get you to pay later.

Free Medical Tests & Medical Procedures

Free Medical Clinics

Free Dental Care

Sliding Scale Medical Clinics

Free Medical Tests & Medical Procedures

- Blood Pressure Screening Program, Scott County Health Department
- Chiropractic Treatments
- Free Vision & Hearing Screening For Children Ages 6 To 48 Months
- HIV Testing
- Iowa Breast and Cervical Cancer Early Detection Program
- Mammogram & Pap Test For Iowa Women
- Mammography and Pap Smears - Rock Island, Henry, Mercer and Whiteside in Illinois, and Scott, Clinton, Muscatine, Jackson, and Cedar counties in Iowa
- Pregnancy Testing For Teens
- Sexual Assault Examination Payment Program

Blood Pressure Screening Program, Scott County Health Department

**Blood Pressure Screening Program,
Scott County Health Department
428 Western Avenue
Bicentennial Building
Davenport, IA 52801
Phone #:(563) 326-8618 Main
Fax Number:(563) 326-8774
E-mail: health@scottcountyiowa.com**

Call for sites and times.

Eligibility: Open to anyone.

Fees: None.

Intake Process: Please call for more information.

Service Area: Scott County.

Blood Pressure Screening Program through the Scott County Health Department is done as a community service by various health providers. The schedule of location and times are available on a monthly basis through media sources in the community, on the Scott County Health Department's website, or by calling the Scott County Health Department.

Chiropractic Treatments

**Palmer Community Outreach Clinic
307 West Sixth Street
Davenport, IA 52801
Phone:(563) 326-1870
Fax:(563) 322-1050
Monday-Friday 9am-1pm, 3pm-7pm.**

Persons over the age of 60 without Medicare Part B eligibility, homeless, and persons who fall below 150% of the poverty level.

Fees: No charge except for lab work or any additional diagnostic testing or therapies performed off site.

Appointments or walk-ins accepted.

Service Area: Rock Island County in Illinois; Scott County in Iowa.

Palmer community Outreach Clinic provides chiropractic care to persons falling below 150% of the poverty level as established by the Social Security Administration. Services available are physical exams, x-ray exams and chiropractic adjustments.

HIV Testing

**Anonymous HIV testing is available at no charge at
Winneshiek County Memorial Hospital
901 Montgomery St.
Decorah, IA**

**For more information, call the hospital at 382-2911 and ask to speak with
someone about anonymous HIV testing.**

Free Vision & Hearing Screening For Children Ages 6 To 48 Months

**Coming To Your Senses
20963 US HWY 65
Colo, IA 50056
Phone: 641-377-2971
Contact: Robert A. Meller
E-mail: meller@netins.net**

**Free vision and hearing screening for young children ages 6 to 48 months
is provided by the local Lions Club in your community. Screenings are
conducted in a group setting such as child care facilities and special events
for families of young children. The project is a joint effort between the
Lions Clubs of Iowa and the University of Iowa Hospitals and Clinics,
Department of Ophthalmology and Vision Sciences and the Department of
Otolaryngology-Head and Neck Surgery at the University of Iowa Health
Center. Call for more information.**

Iowa Breast and Cervical Cancer Early Detection Program

**Care for Yourself, Scott County Health Department
Genesis Center for Breast Health
1228 East Rusholme, Suite 106
Davenport, IA 52803
Phone:(563) 421-7620 Main
Phone:(800) 215-1444 Cancer Center
Fax Number:(563) 421-7659
Hours: Monday-Friday 7am-3:30pm.**

Program Details:

**Operating Agency: Scott County Health Department (Governmental)
Person In Charge: Cancer Program Coordinator: Linda Rymars**

Eligibility: Must meet income guidelines. See Program Details.

Fees: None.

Intake Process: Client must call for an eligibility interview to be enrolled before their clinic visit. Phone interview accepted.

Service Area: State of Iowa.

Program/Service Notes:

CARE FOR YOURSELF is funded by the federal government, through the CDC to the state of Iowa. A grant was established by the Iowa Department of Public Health with the Scott County Health Department who subcontracted with Genesis Medical Center for program implementation. This program, at the state level, is called the Iowa Breast and Cervical Cancer Early Detection Program (IaBCCEDP). The program is designed for women 40 and older, who have no health insurance, are underinsured, or cannot pay co-pay/deductible. Medicare and Medicaid recipients are ineligible. This program also includes outreach/education to all women concerning breast and cervical cancer early detection, and professional education initiatives. They coordinate educational requests; provide materials, videos, BSE models, BSE instruction and educational speakers.

Mammogram & Pap Test For Iowa Women

**The National Breast and Cervical Cancer
Early Detection Program**

About the Program

CDC funding for a capacity-building program for breast and cervical cancer early detection began in 1992. Subsequent funding for a comprehensive program was awarded in 1995.

Contact your local breast and cervical cancer program to find out where you can get a free or low-cost mammogram and Pap test in your area. Age and income requirements vary.

Toll-Free Enrollment Number 1-800-369-2229

Program Contact

Jill Myers Geadelmann, BS, RN

Program Director

Cancer Prevention and Control Bureau

Iowa Department of Public Health

321 East 12th Street
Des Moines, IA 50319-0075
(515) 242-6067
Fax (515) 281-4635
E-mail: jgeadelm@idph.state.ia.us

Public Education Contacts
Jacqueline Butler
Program Coordinator
Cancer Prevention and Control Bureau
Iowa Department of Public Health
321 East 12th Street
Des Moines, IA 50319-0075
(515) 281-5122
Fax (515) 281-4635
E-mail: jbutler@idph.state.ia.us

<>Mammography and Pap Smears - Rock Island, Henry,
Mercer and Whiteside in Illinois, and Scott,
Clinton, Muscatine, Jackson, and Cedar
counties in Iowa

Genesis Center for Breast Health, Genesis Health System
1228 East Rusholme Street
Suite 210
Davenport, IA 52803
Phone:(563) 421-7625 Main
Fax Number:(563) 421-7659
E-mail: fraker@genesishealth.com

Program Details:

Operating Agency: Genesis Health System (Private, Non-Profit)

Person In Charge: Director: Judy McFarlin

Hours: Monday-Friday 8am-4:30pm.

Eligibility: Women concerned or diagnosed with breast cancer.

Fees: Vary. The program accepts Race for the Cure Vouchers.

Intake Process: Please call for more information.

Service Area: Rock Island, Henry, Mercer and Whiteside in Illinois, and Scott, Clinton, Muscatine, Jackson, and Cedar counties in Iowa.

Program/Service Notes:

GENESIS CENTER FOR BREAST HEALTH offers comprehensive

breast care in a comfortable setting and with an experienced health care team. In coordinated effort offering the latest diagnostic technology and treatment, the Center for Breast Health offers diagnostic modalities and breast health specialists are available for consultation at the center. They provide prevention, detection and treatment services of breast cancer. They educate women about the risk factors and early detection measures (mammogram screening, breast self-examination instruction). Radiologists and surgeons with special interest in breast care are available. The coordinator for the breast and cervical cancer- early detection programs are available at the center, including the MAPS program (mammography and pap smears.)

<>Pregnancy Testing For Teens

Edgerton Women's Health Center-East
Duck Creek Plaza Bank Tower
852 Middle Road, 4th Floor
Bettendorf, IA 52722
Phone:(563) 359-6633 Main
Phone:(563) 322-1105 Edgerton Women's Health Center West
Phone:(888) 282-3228 Toll Free
Fax:(563) 359-5261
Monday-Thursday 8:30am-7pm and Friday 8:30am-5pm.
Eligibility: Open to Quad City area women.
Free pregnancy testing for teens. Intake Process: Must schedule an appointment (except for pickup of birth control pills).

<>Sexual Assault Examination Payment Program

Sexual Assault Examination Payment Program
Web site: www.state.ia.us/government/ag/sae.htm

How the program works: Evidence of sexual assault deteriorates significantly during the seventy-two hours immediately following an assault and is best collected within the first twelve hours after a crime. Because of emotional and physical trauma, sexual assault victims often have difficulty deciding whether or not to report the crime to law enforcement within this time frame.

The State of Iowa pays for the examination regardless of whether the victim reports the crime to law enforcement. The purpose of this policy is

to ensure that prosecutors and law enforcement officers will have evidence efficiently and effectively collected if the victim later reports that crime.

Hospitals, physicians and other medical providers who collect and process evidence of sexual abuse submit bills directly to the Sexual Abuse Examination Payment Program. In the event that a victim is erroneously billed and pays for the cost of the evidence collection, the program will reimburse that victim.

Funds for the Sexual Abuse Examination Payment Program come from the Compensation Fund. That fund is comprised entirely of fines and penalties paid by convicted criminals.

Free Medical Clinics

- **Ames**
- **Cedar Rapids**
- **Clarinda**
- **Clarion**
- **Davenport**
- **Des Moines**
- **Dubuque**
- **Estherville**
- **Fort Dodge**
- **Iowa City**
- **Knoxville**
- **Marshalltown**
- **Oskaloosa**
- **Pella**
- **Perry**
- **Polk City**
- **Polk Country**
- **West Des Moines**

Ames

**Free Clinic at Youth and Family Services Building
420 Kellogg Street, Ames, IA 50010
Hours: 6:00 p.m. to 8:00 p.m. on Thursday evenings.**

People Served: Anyone with a medical need

Services: Non emergency medical care.

It operates on a first-come first-served basis. No appointments are taken.

Fees: FREE medical care.

Maternal Health Program

126 S. Kellogg Avenue

Suite 001

Ames, IA 50010

Phone: 515-956-3312

Contact: Janelle Durlin, LBSW

E-mail: jdurlin@midiaca.org

Web site: www.midiaca.org/

The education-based, Maternal Health Program, provides an additional layer of health care to regular physician visits. (It does not replace the routine visits of physicians, obstetricians or mid-wives). Through the Program, women will receive support, education and counseling about their health needs during and after pregnancy. During each trimester visit, women meet with a dietitian, social worker, dental hygienist, and maternal health nurse. The Maternal Health Program is FREE to women who qualify for WIC (Women, Infants & Children) or who have Medicaid (Title 19) coverage. If, however, a woman is over the program's low-income guidelines, a sliding fee scale based on one's ability to pay is used to determine service costs.

Public Health Immunization Clinics

Homeward of Mary Greeley Medical Center

1606 S. Duff Ave

Ames, IA 50010

Phone: 515-239-6730 or 800-529-4610

Web site: www.mgmc.org/

Public Health Immunizations Clinics are offered in Ames the first Thursday of each month at YSS/FREE clinic from 6pm-8pm. At Bethesda Lutheran Church 3:30 to 5:30pm on the 2nd Tuesday and 1pm to 4pm on the 4th Tuesday of each month. At Nevada on the 3rd Wednesday of even months at the Central Presbyterian Church from 3pm to 4:30pm. At Story City on the 3rd Monday of odd months. Call for more information and to schedule an appointment.

Cedar Rapids

Cedar Rapids Free Medical Clinic

Thursdays 10:15am-12:00pm

943 14th Ave.

Cedar Rapids, Iowa 52401

Phone: (319) 373-7329

- **General Clinic**
- **Lead Screening**
- **Podiatry Clinic**
- **Woman's Clinic**
- **Rx Assistance Program**
- **Fellowship Service and Meal**
- **Social Worker**

Clarinda

Nodaway Valley Free Clinic

Thursdays 7:00pm-9:00pm

223 W. Washington

Clarinda, Iowa 51632

Contact: Deb Wiebesiek

Phone: (712) 542-3719

E-mail: Deb.Wiebesiek.ifsg@statefarm.com

Clarion

Clarion Free Clinic

Community Memorial Hospital

1613 S. Main

Clarion, Iowa 50525

Phone: (515) 532-2811

(No clinics Jan. through Apr. 15 each year)

Davenport

Community Health Care

500 West River Drive, Davenport, IA 52801

For a schedule of clinics, call (563) 336-3000

Free Homeless Health Care - services at local shelters and homeless drop-in centers.

Social Services - assistance with locating housing, food, clothing, and referrals to appropriate community resources.

Des Moines

Corinthian Clinic

Every 3rd Tuesday

4:00pm-6:00pm

814 School Street

Des Moines, Iowa 50314

Phone: (515) 243-4073

Childhood Immunizations and Physicals (infant, children and teenagers)

Every 3rd Tuesday of the month - 4:00pm to 6:30pm (no appointment needed)

SERVICES ARE FREE

Evangelical Covenant Church Free Medical Clinic

2625 Hubbell Avenue

Des Moines, IA 50317

(515) 266-1732

Physicals and General Family Medical Care (No Immunizations)

Tuesdays 2:00pm to 4:00pm

Thursdays 6:30pm to 8:30pm

SERVICES ARE FREE

House of Mercy Medical Clinic

Monday-Friday 9:00am-11:45am - 12:30pm-4:30pm

1409 Clark Street

Des Moines, Iowa 50314

Phone: (515) 643-6525

Children's Immunizations Wednesdays 1:00pm to 3:00pm (walk-in)

Other Medical Services Monday thru Friday 9:00am to 11:45am (by appointment only)

12:30pm to 4:30pm (by appointment only)

SERVICES ARE FREE FOR THOSE WHO DO NOT HAVE INSURANCE OR WHO ARE UNDERINSURED

La Clinica de la Esperanza
828 SE Scott Avenue
Des Moines, Iowa 50309
Phone: (515) 244-6162

(Additional clinic times and services provided by Iowa Health System.
Please call 265-1413 ext. 269 for more information.)

Monday 6:00pm to 8:00pm (no appointment needed)
Thursday - 8:00am to 12:00pm (appointments available)
SERVICES ARE FREE

OB Clinic
Monday 1:00pm to 5:00pm (by appointment)
Thursday 1:00pm to 3:00pm (by appointment)
SERVICES ARE FREE

Maple Street Baptist Church Clinic
1552 Maple Street
Des Moines, Iowa 50316
Phone: (515) 284-8808
Childhood Immunizations and Physicals
Adults Welcome Every Thursday
6:00pm to 8:00pm (no appointment needed)
SERVICES ARE FREE

Margaret Cramer Free Medical Clinic
2725 Merle Hay Road
Des Moines, Iowa 50310
Phone: (515) 284-8808
Childhood Immunizations and Physicals
Thursday - 6:00pm to 8:00pm (no appointment needed)
SERVICES ARE FREE

Northeast Wellness Clinic
Grandview Lutheran Church
2930 East 13th Street (E. 13th & Hull)
Des Moines, Iowa 50319
Phone: (515) 266-8074

**Childhood Immunizations and Physicals (infant, children and teenagers)
1st and 3rd Thursday of each month - 4:00pm to 6:30pm (no appointment
needed)**

SERVICES ARE FREE

**Tiny Tot Child Care Center Clinic
1409 Clark Street
Des Moines, Iowa 50314
(515) 243-4212**

**Physicals 1st and 3rd Mondays - 3:30pm to 5:30pm (no appointment
needed)**

SERVICES ARE FREE

Dubuque

**Dubuque Rescue Mission
Wednesdays or Thursdays
1:00pm-3:00pm
398 Main Street
Dubuque, Iowa 52001
Call for an appointment: (563) 583-1394
(Free health services for adults)**

**Visiting Nurse Services
Two Fridays per Month
Free Dental
1454 Iowa Street
Dubuque, Iowa 52004-0359
Phone: (563) 556-6200
Contact: Jacquie Roseliep(Call the first Monday
of the month at 8:00am for an appointment)**

Estherville

**Estherville Free Clinic
2nd & 4th Tuesdays 6:30pm-8:30pm
205 N. 7th St.
Estherville, Iowa 51334
Phone: (712) 362-4412**

Fort Dodge

Calvary Memorial Church of God in Christ Free Medical and Dental Clinic

1315 10th Avenue SW

Fort Dodge, IA, 50501

515-573-2280

6:00 p.m. to 8:00 p.m. on a first-come basis. Registration begins at 5:00 p.m.

People Served: Anyone with a medical or dental need not covered by insurance or Title 19.

Services: Non emergency medical/dental care. Staffed by volunteer doctors, dentists and nurses.

Fees: No charges for medical /dental service. Some limited labs and x-rays are available which may have a modest fee.

Languages: English, you need to bring an interpreter if you do not speak English.

St. Mark's Episcopal Church Free Clinic

1007 1st Avenue South

Fort Dodge, IA 50501

515-574-6457

Hours: 6:00 p.m. to 8:00 p.m. on Tuesday nights

People Served: Anyone needing free medical assistance **Services:** Non emergency medical care. Staffed by volunteer doctors and nurses. **Fees:** The SERVICES ARE FREE, as well as some limited labs and some x-rays.

Iowa City

Iowa City Free Medical Clinic

120 North Dubuque Street

Iowa City, IA 52245

Call for information: 319-337-4459 Monday through Thursday 9 a.m.-3 p.m. Friday 9-11 a.m.

Call (319) 337-7909 for an appointment.

Monday and Thursday evening clinics: Call Monday or Thursday at noon.

Tuesday clinic 9 a.m.-3:30 p.m.: Call Monday at noon.

Thursday clinic 8:45 a.m.-11:30 a.m.: Call Wednesday at noon.

Medical & Dental

E-mail: freemed@mercyic.com

Web site: www.jccn.iowa-city.ia.us/~freemed/

The Iowa City Free Medical Clinic provides a wide range of general outpatient health care to adults and children. It is equipped with a laboratory and pharmacy. The Clinic is staffed by volunteer health professionals and lay people. Volunteers and the donations that support our work are always needed and welcome.

The Clinic is open to see patients every Monday and Thursday evening. There are also a limited number of appointments available on Tuesdays and Thursdays during the day. Please check the hours section below for information on making an appointment.

During daytime office hours, services provided include information and referrals, counseling, patient follow-up, financial assistance, hypertension screening, and pregnancy testing.

If you have any questions regarding the Clinic or would like to find out about volunteer opportunities or how you can make a donation, please phone our office at (319) 337-4459.

Evening Clinic Services:

- **Physical exams, including school and work physicals**
- **Dental services**
- **Eye exams**
- **Hypertension screening and treatment**
- **Diabetes screening and treatment**
- **Gynecological exams**
- **Breast exams and breast self-exam instruction**
- **Birth control counseling and dispensing**
- **Pregnancy testing**
- **Child and adult immunizations**
- **Well child exams**
- **Diagnosis and treatment of vaginal infections and urinary tract infections**
- **Testing and treatment for sexually transmitted diseases**
- **Exams for colds, sore throats, flu, and ear infections**
- **Referrals to social services and other health care facilities**
- **Laboratory and pharmacy services for Clinic patients**
- **Health education and wellness services**
- **Additional medical care as needed**

**University of Iowa Health Care Department of Obstetrics and Gynecology
Family Planning Services**

Iowa City Family Planning Clinic

4137 Westlawn Building

Iowa City, Iowa 52242

Appointments

Local call (319) 335-8541

Long Distance 1-888-884-8946

Fax 319-335-8550

Web Site: obgyn.uihc.uiowa.edu/Services/famplan.htm

Office Hours

**Evening and Saturday Appointments also available. Monday, Wednesday,
Friday 8 A.M. - 5 P.M.**

Tuesday, Thursday 8 A.M. - 6:30 P.M.

Third Saturday of month 8 A.M. - 1 P.M

**Fees are based on a sliding fee scale with reduced-cost and no-cost services
available to those who qualify.**

Services Provided:

- **Pregnancy Testing**
- **Counseling and Information**
- **Birth control options**
- **Sexually transmitted disease risks**
- **Healthy lifestyle evaluation**

Annual Exams

- **Height/Weight**
- **Blood pressure reading**
- **Exam of thyroid, heart, lungs, abdomen, and breasts**
- **Self breast exam instruction**
- **Pelvic exam including pap smear**
- **STD screening**

Birth Control Choices

- **Birth control pills**
- **Depo-Provera shot**
- **Lunelle Injection**
- **Diaphragm and cervical cap**
- **IUD insertion and removal**

- Emergency contraceptive pills (morning after pills)
- Condoms
- Spermicidal Methods (Foam, Jelly, Suppositories)
- Birth Control Patch
- Safer Sex Supplies
- Latex condoms
- Polyurethane condoms
- Dental dams

Additional Health Care Choices providing access to reproductive health care is very important to us. Our wide variety of services includes:

- Urinary tract infection exams
- STD screening and treatment
- Colposcopy – Evaluation for abnormal pap smears
- Cryotherapy – Treatment of precancerous cervical tissue
- Endometrial Biopsy – Examination of uterine tissue
- Healthy Lifestyle Evaluation
- Professional clinicians offer counseling and referral for sterilization, infertility, pregnancy care, and financial assistance.

Knoxville

Good Samaritan Free Clinic
Tuesdays 6:00pm-8:30pm
313 E. Montgomery
Knoxville, Iowa 50138
Phone: (641) 842-3712

Marshalltown

Marshalltown Free Clinic
Wednesdays 6:30pm-8:30pm
1011 South 3rd Street
Marshalltown, Iowa 50158
Phone: (641) 754-5014

Oskaloosa

Oskaloosa Free Clinic
Thursdays 7:00pm-9:00pm

**A and Market Avenues
Oskaloosa, Iowa 52577
Phone: (515) 672-2564**

Pella

**Good Samaritan Free Clinic II
Thursdays 6:00pm-8:00pm
603 Broadway
Pella, Iowa 50219
Phone: (641) 628-3493**

Perry

**Perry Free Medical Clinic
Thursdays 7:00pm-9:00pm
2715 Iowa Street
Perry, Iowa 50220
Phone: (515) 465-3272**

Polk City

**St. Luke's Clinic
Polk City United Methodist Church
1421 W. Broadway
Polk City, Iowa 50226
Phone: (515) 984-6274
Basic Health Care for all Ages
Wednesday - 6:00pm to 8:00pm (no appointment needed)
SERVICES ARE FREE**

Polk County

**Polk County Health Department
1907 Carpenter Avenue
Des Moines, Iowa 50314
(515) 286-3798**

**Childhood Immunizations (no physicals)
Monday - 1:00pm to 4:00pm (by appointment)
Tuesday - 4:00pm to 6:30pm (by appointment)
Thursday - 8:30am to 4:00pm (by appointment)**

Friday - 9:00am to 12:00pm (walk-ins)
SERVICES ARE FREE

West Des Moines

Mae E. Davis Free Medical Clinic
131 Ninth Street
West Des Moines, Iowa 50265
Phone: (515) 284-8808

*** Clinic is under direction of Dr. Erin Herndon**
Childhood Immunizations, School Physicals, Well-Child Exams,
Minor Injury Care and Wellness Education
Every Tuesday - 7:00pm to 9:00pm (no appointment needed)
SERVICES ARE FREE

Free Dental Care

Fort Dodge

Calvary Memorial Church of God in Christ Free Medical and Dental Clinic
1315 10th Avenue SW
Fort Dodge, IA, 50501
515-573-2280
6:00 p.m. to 8:00 p.m. on a first-come basis. Registration begins at 5:00 p.m.

People Served: Anyone with a medical or dental need not covered by insurance or Title 19.
Services: Non emergency medical/dental care. Staffed by volunteer doctors, dentists and nurses.
Fees: No charges for medical /dental service. Some limited labs and x-rays are available which may have a modest fee.
Languages: English, you need to bring an interpreter if you do not speak English.

Iowa City

Iowa City Free Medical Clinic
120 North Dubuque Street
Iowa City, IA 52245

Call for information: 319-337-4459 Monday through Thursday 9 a.m.-3 p.m. Friday 9-11 a.m.

Call (319) 337-7909 for an appointment.

Dental

E-mail: freemed@mercyic.com

Web site: www.jccn.iowa-city.ia.us/~freemed/

Evening Clinic Services:

- Dental services

The Clinic is open to see patients every Monday and Thursday evening.

If you have any questions regarding the Clinic or would like to find out about volunteer opportunities or how you can make a donation, please phone our office at (319) 337-4459.

Sliding Scale Medical Clinics

- Altoona
- Bettendorf
- Cedar Rapids
- Davenport
- Des Moines
- Fort Dodge
- Hamilton County
- Hampton
- Harrison County
- Mason City
- Ottumwa
- Sioux City
- Tiffin
- Waterloo
- Wright County

Altoona

Central Place Family Center
Thursdays 12:00noon-5:00pm
1701 - 8thStreet SW
Altoona, Iowa
Phone: (515) 969-7806

Bettendorf

Edgerton Women's Health Center-East

Duck Creek Plaza Bank Tower

852 Middle Road, 4th Floor

Bettendorf, IA 52722

Phone:(563) 359-6633 Main

Phone:(563) 322-1105 Edgerton Women's Health Center West

Phone:(888) 282-3228 Toll Free

Fax:(563) 359-5261

Monday-Thursday 8:30am-7pm and Friday 8:30am-5pm.

Eligibility: Open to Quad City area women.

Fees: Sliding fee scale.

Free pregnancy testing for teens.

Intake Process: Must schedule an appointment (except for pickup of birth control pills).

Transportation is available through bus tokens.

Edgerton Women's Health Center-East is a comprehensive female reproductive health care center providing prenatal and family planning (birth control) services. Free pregnancy testing for teens. They provide OB-GYN/Family Planning to persons of all geographic locations. Also provides testing/treatment of sexually transmitted diseases, hormone replacement therapy, sterilization, education programs on sexual responsibility, female camp, school and sport exams, and female annual examinations for adult women. Transportation is available via bus tokens.

Cedar Rapids

Dental Health Center

855 A Avenue NE

Cedar Rapids, IA 52402

(319)369-7730

The Dental Health Center provides comprehensive dental care of the highest quality for area low-income children and developmentally disabled adults. Programs of prevention and treatment are provided for populations who have no on-going sources of dental care.

Davenport

Community Health Care

500 West River Drive

Davenport, IA 52801

River Drive Hours:

8:00 am - 5:00 pm M, TH, F

8:00 am - 8:00pm T, W

Provides uninsured on a sliding scale fee. CHC offers a variety of primary medical services:

- **Internal Medicine - (563) 336-3086**
- **Obstetrics - (563) 336-3100**
- **Gynecology - (563) 336-3100**
- **Pediatrics - (563) 336-3032**
- **Well Child Care (563) 336-3032**
- **Family Practice - (563) 336-3000**

Provides vouchers for eye exams. Up to 50% off the price of medication for those whose income qualifies. Medical services that cannot be provided by CHC will be arranged for at University Hospitals of Iowa City. A Greyhound bus voucher to Iowa City will be provided if needed.

Offers Health Education - smoking cessation, diabetes education, hypertension management, Nutrition Education and Counseling - education and counseling for chronic, nutritionally related diseases including diabetes, obesity, and high blood pressure.

Has it's own Medical Laboratory, Pharmacy, Radiology and Mammography.

Community Health Care - Dental Clinic

145 Scott Street

Davenport, IA 52801

For appointments, call (563) 336-3221

Dental Clinic Hours:

7:30am-5:00pm M,TH, F;

7:30am-8:00pm T, W

Dental care and hygiene services include: Routine Exams, X-rays, Cleanings, Fillings, Dentures, Crowns, Bridges, Root Canals, Extractions.

Qualified patients pay half price. Walk-in emergencies accepted, but you may have to wait several hours.

Community Health Care - Regional Virology Clinic

1351 West Central Park

Pavilion I - Suite 360

Davenport, IA 52803

For appointments, call (563) 421-4244

Virology Clinic Hours:

8:00 am-5:00 pm M-TH;

8:00 am - 4:00 pm F

CHC Regional Virology Clinic - HIV prevention, education, and care services for residents of 31 counties in eastern Iowa and western Illinois counties,

All CHC clinics serve the Eastern Iowa and Western Illinois.

Web site: www.davchc.com

Edgerton Women's Health Center-West

Friendly House

1221 Myrtle Street, Upper Level

Davenport, IA 52804

Phone:(563) 322-1105 Main

Phone:(563) 359-6633 Duck Creek Plaza

Fax:(563) 322-0305

E-mail: questions@maternal.org

Monday, Wednesday, Thursday, Friday 8:30am-5pm, Tuesday 8:30am-8:30pm.

Eligibility: Open to all Quad City Area women.

Fees: Sliding fee scale.

Intake Process: Must schedule an appointment (except for pick-up of birth control pills).

Edgerton Women's Health Center-West is a comprehensive female reproductive health care center providing prenatal and family planning (birth control) services. Free pregnancy testing for teens. Also provides obstetrical services, annual exams, testing and treatment for sexually transmitted diseases, hormone replacement therapy, sterilization, education, programs on sexual responsibility, school and sports physicals for students, camp physicals and annual exams on adult women. Transportation is available through bus tokens.

Des Moines

Bethel Rescue Mission

Thursdays 12:30pm-3:00pm

1310 6th Ave

Des Moines, Iowa 50309

Phone: (515) 244-5445

- **Immunizations**
- **Physicals**
- **Adult Care**
- **Dr. Referrals**

Thursday - 12:00pm to 3:00pm (no appointment needed) FEES BASED ON ABILITY TO PAY

Broadlawns - Primary Care South Side Center

2353 SE 14th Street

Des Moines, Iowa 50320

(515)323-4000

Hispanic Interpreters Available

Physicals & Adult Medical Care

Monday thru Friday 8:00 am to 5:00pm (appointment needed)

WIC Services Monday thru Friday 8:00am to 12:00pm and 1:00pm to 4:00pm (appointment needed)

Children's Immunizations Thursdays - 8:00am to 5:00pm (appointment needed)

FEES BASED ON ABILITY TO PAY

Churches United

205 15th Street

Des Moines, Iowa 50309

Phone: (515) 284-5719

- **Immunizations**
- **Physicals**
- **Adult Care**
- **Dr. Referrals**

Monday - 6:30pm to 8:00pm (no appointment needed)

Wednesday - 4:00pm to 5:30pm (no appointment needed)

FEES BASED ON ABILITY TO PAY

Des Moines Health Clinic
1111 9th Street
Des Moines, Iowa 50314
(515)244-9136

- **Immunizations**
- **Physicals**
- **Dental**
- **Eye Exams available on a referral basis for adults who work or live in Polk County.**
- **Dental exams: Monday thru Thursday - 8:00am to 5:00pm**
- **All children welcome**

Medical Clinic: Monday - 9:00am to 12:00pm
Tuesday - 8:00am to 5:00pm
Wednesday - no medical clinic
Thursday - 1:00pm to 4:00pm
Friday - 9:00am to 12:00pm
Dental exams: Monday thru Thursday - 8:00am to 5:00pm
Friday - 8:00am to 2:00pm
SERVICES ARE BASED ON A SLIDING FEE SCALE

Door of Faith
1006 Grand Ave
Des Moines, Iowa
Phone: (515) 282-0208

- **Immunizations**
- **Physicals**
- **Adult Care**
- **Dr. Referrals**

Monday - 12:00pm to 3:00pm (no appointment needed) FEES BASED ON ABILITY TO PAY

Hope United Medical Clinic
Tuesdays 2:00pm-4:00pm
1709 Tenth Street
Des Moines, Iowa 50314
Phone: (515) 564-0800

House of Mercy Medical Clinic

Monday-Friday 9:00am-11:45am - 12:30pm-4:30pm

1409 Clark Street

Des Moines, Iowa 50314

Phone: (515) 643-6525

Children's Immunizations Wednesdays 1:00pm to 3:00pm (walk-in)

Other Medical Services Monday thru Friday 9:00am to 11:45am (by appointment only)

12:30pm to 4:30pm (by appointment only)

Services are FREE FOR THOSE WHO DO NOT HAVE INSURANCE OR WHO ARE UNDERINSURED

Iowa Homeless Youth

Mondays 4:00pm-6:30pm

Thursdays 4:00pm-7:00pm

700 Grand

Des Moines, Iowa 50309

Phone: (515) 883-2379

Mercy Clark St. Clinic

Monday-Friday 9:00am-4:30pm

By appointment only

1409 Clark St.

Des Moines, Iowa 50314

Phone: (515) 643-6525

New Directions

Wednesdays 5:00pm-7:00pm

3001 Grand

Des Moines, Iowa 50309

Phone: (515) 243-7456

Salvation Army

133 E. 2nd Ave

Des Moines, Iowa 50309

Phone: (515) 243-4277

- **Immunizations**
- **Physicals**
- **Adult Care**
- **Dr. Referrals**

Tuesday - 3:15pm to 5:00pm (no appointment needed)
FEES BASED ON ABILITY TO PAY

Saydel Community Health Center
3077 NE Broadway
Des Moines, IA 50317
(515) 263-8541

- **Immunizations**
- **Physicals**
- **General Medical Care**

Monday thru Friday- 1:00 pm to 5:00 pm
SERVICES ARE BASED ON A SLIDING FEE SCALE

Youth Emergency Shelter Service & Clinic
918 SE 11th St.
Des Moines, Iowa 50309
Phone: (515) 282-9377

- **Youth Only**
- **Immunizations**
- **Physicals**
- **Dr. Referrals**

Tuesday 8:00am to 10:00am (no appointment needed)
Thursday - 3:00pm to 5:00pm (no appointment needed)
FEES BASED ON ABILITY TO PAY

YWCA
717 Grand
Des Moines, Iowa 50309
Phone: (515) 244-8961

- **Immunizations**
- **Physicals**
- **General Medical Services for Women and Children Only**

Tuesday- 1:00pm to 3:00pm (no appointment needed)
FEE BASED ON ABILITY TO PAY

Fort Dodge

Fort Dodge Community Clinic

1st & 3rd Thursdays 6:00pm-8:00pm

1315 10th Avenue SW

Fort Dodge, Iowa 50501

Phone: (515) 574-6457

Also At:

Fort Dodge Community Clinic

Tuesdays 6:00pm-8:00pm

1001 1st Avenue South

Fort Dodge, Iowa 50501

Phone: (515) 574-6457

Hamilton County

Hamilton County Public Health Services

821 Seneca street

Webster City, IA 50595-2228

Phone: 515-832-9565

Fax: 515-832-9660

Hours: 8:00 am - 4:30 pm Monday thru Friday, 24 hour on-call service.

Description of Services: Medicare Certified Home Health and Hospice including Home Care Aide and Skilled Nursing Services. Public Health services including: immunizations, maternal child health, WIC, HOPES (in-home parenting), community education, FIP, EPSDT, Breast and Cervical Cancer program, Girl Talk, Senior Health physicals, case management for frail elderly, communicable disease follow-up, environmental health.

Fees: Charges based upon a sliding fee scale for self-pay clients. Alternate funding through Medicare, Medicaid, Elderbridge Agency on Aging, State and Federal grant monies, or private insurance.

Eligibility: Anyone residing in Hamilton County in need of services.

Area Served: Hamilton County

Application Procedure: Referrals from any source.

Transportation: Limited

Accessibility: ADA Compliant

Languages: English, will try to make arrangements for other as necessary.

Hampton

**Namaste Outreach Collaborative
Hampton OB Clinic
Tuesdays 1:30pm-3:30pm
1600 Central Avenue East
Hampton, Iowa 50441
Phone: (515) 422-7764**

Harrison County

**Harrison County Public Health Office
111 N Second Ave
Logan, IA 51546
(712) 644-2220
(712) 644-2537 Emergency 24 hour/7 day
(712) 644-3238 Fax
8:00 a.m. - 4:30 p.m., Monday - Friday**

**Fees: Call for information; sliding scale
Eligibility requirements: Residents of Harrison county
Intake Procedure: Call or walk in
Service Description:**

- Skilled nursing home care
- Homemaker program
- Family planning
- Senior health clinic
- Immunization clinic
- Physical therapy
- Flu and pneumonia Fall clinic
- Senior living support
- Maternal and child health clinic

Mason City

**Namaste Outreach Collaborative
Community Kitchen Clinic
Tuesdays 11:00am-1:00pm
606 Monroe Avenue North
Mason City, Iowa 50401
Phone: (641) 422-7764**

**Namaste Outreach Collaborative
Evening Clinic
1st & 3rd Mondays 6:00pm-8:00pm
213 Pennsylvania Avenue North
Mason City, Iowa 50401
Phone: (641) 422-7764**

Ottumwa

**Child Health and WIC
Mondays - Fridays
Women and Maternal Health
201 S. Market
Ottumwa, Iowa 52501
Phone: 641-682-8784
Toll-Free: 1-800-452-1098
Interpreter available some days for Spanish-speaking clients**

Sioux City

**Sioux City Gospel Mission
Tuesdays, Wednesdays & Thursdays
Call Ahead For Times
301 W. 8th Street
Sioux City, Iowa 51103
Phone: (712) 255-1769**

**Women's & Children's Shelter
Monday-Saturday 8:00am-9:00pm
415 Bluff Street
Sioux City, Iowa
Phone: (712) 255-1119
open as volunteers are available - DENTAL ONLY

Tiffin

**Clear Creek Amana Health Clinic
Grace United Methodist Church
First and third Thursday of every month 1 to 6 p.m.
Appointment needed
(319) 335-8541
Toll Free (888) 884-8946**

Children will receive a complete physical exam, an evaluation of their immunization status and information about resources available to parents and children in their communities.

Waterloo

**Jubilee Community Center
Saturdays 9:00am-noon
610 Allen Street
Waterloo, Iowa 50702
Phone: (319) 236-0199**

Wright County

**Wright County Health Department
A115 1st St. SE
Clarion, IA 50525
Phone: Nursing Dept. 515-532-3461
Home Care Aide Dept. 515-532-6584
Fax: 515-532-3762
Hours: 8:00 a.m. to 4:30 p.m.**

Description of Services: Provide all public health services, including Skilled Nursing, Home Care Aide, Homemaker, Hospice Services, WIC, Maternal-Child Health, and Immunizations.

Fees: Services are provided on a sliding scale based on income also covered by Medicare, Title XIX, and insurance.

Eligibility: Anyone within our service area is eligible for services. Area Served: Wright County.

Application Procedure: Referrals may be made directly to our agency by clients, family, friends, physicians, hospitals, and other agencies.

Transportation: We do not provide transportation directly, but will assist in finding transportation.

Accessibility: ADA compliant.

Languages: English limited Spanish, with other interpreters available.